MAG featuring BOYS WITH PLANTS plant-based power

The right choice! Legal Wills Made Easy

It's as easy as:

- 1 Order your *Legal Wills Made Easy* Will Kit online
- 2 Follow the simple step-by-step instructions
- If you require legal assistance, email our legal team at: legalwills@greenmonts.com.au*

Visit **www.legalwills.com.au** to order your Will Kit today

*Advice in relation to the Wills in the Legal Wills Made Easy Will Kit is given by: greenmonts legal

Buy 1 Kit for you and your partner.

Do-It-Yourself Legal Will Kit From Only \$24.95 +GST

The Mens Salon IPL LASER SPRAY TAN WAXING FACIALS

MASSAGE 🔹 LASH / BROW TINTING

W A X & D A Y S P A **HEAVENLY SOLUTIONS** P: 03 9510 3344 W A X & D A Y S P A **Solutions** 14 Williams Road, Prahran 3181 joe@heavenlysolutions.com.au

GETA Member of the Gay European Tourism Association



OCT/NOV 2018 Issue 155







q comment:

A SUMMER OF SUN, SAND AND SUNFLAIR

Sun, sand and SUNFLAIR®, equal the ingredients for a perfect summer. Get set to sizzle, in a collection of hot swim and resort wear looks, direct from the catwalks of Europe. Elegant swimsuits, bikinis, tankinis, cover-ups and après beachwear.

A summer range of stunning looks that will perfectly transition from the coastline to cocktails, or pool to the promenade.

SUNFLAIR®'s Summer 2019 season includes 26 capsule collections. Choose from the stunning Dark Flower, with its retro floral print and flattering stripes in midnight blue. Night in Paradise, inspired by India's mystery and rich, bejewelled Sari fabrics. Flashes of rainbow juxtaposed with graphic zebra stripes, will bring out your wild side in Painted Curl. Blue and green should be seen in Pure Ocean's myriad of marine hues. Colour outside the lines in vibrant rainbow graphics that flatter the form in Happy Line. Pink Pink's Batik prints are perfect for a tropical beach.

Create the perfect resort looks, choose from bikinis, tankinis, swimsuits in modern designs or classic cuts. Layer with a beautiful range of co-ordinating cover-ups, dresses, kaftans, shorts, tops and multi-style resort wear. Matching with accessories including hats, makeup and beach bags.

SUNFLAIR® is stocked in 80 stores across Australia and New Zealand. Online at www.azurebeach.com.au or www.carlaswimwear.com.au

For a list of stockists and for more information visit www.sunflair.com



HampsteadDental.com.au



Publisher & Editor Brett Hayhoe +61 (0) 422 632 690

Editorial / Sales & Marketing editor@qmagazine.com.au sales@qmagazine.com.au

Design Uncle Brett Designs & Graphics

Contributing Writers Barrie Mahoney, Brett Hayhoe, Gabriel Tabasco, Luke Harris and Matthew Bateman, Alessandro Russo, George Tsangaris, Shane Gallagher

Cover picture Scott Cain, the creator of Boys with Plants: www.instagram.com/boyswithplants

Photographic Contributions Daren Cornell (q music), Dexter (q music)

qscene@qmagazine.com.au

ISSN 1449-499X QMAGAZINE PO Box 7479, St. Kilda Road, Melbourne Victoria 3004 www.qmagazine.com.au

LEGAL DISCLAIMER

Q Magazine is a free publication and can only be distributed through selected outlets. Views expressed in Q Magazine do not necessarily represent the opinions of the publisher/editor.

No responsibility is accepted by Q Magazine for the accuracy of advertisements and information within the publication.

All material forwarded to the magazine will be assumed intended for publication unless clearly labelled "Not for publication". Reproduction in whole or in part without the expressed written permission of the publisher is strictly prohibited.

Brett Hayhoe t/a Q Magazine ABN 21 631 209 230

q feature: **BOYS WITH PLANTS**

Plant-Based Power: An Interview with Scott Cain, the creator of Instagram's www. instagram.com/boyswithplants By George Tsangaris

Scott Cain is the creator of the wildly popular Instagram account @ boyswithplants now topping over 90k followers. The success of his page has led to the publication of the 'Boys With Plants' book. Scott is a freelance graphic designer who is based in Perth. Working from home Scott enjoys being surrounded by the plants his home is filled with.

Where did you get the idea for BWP?

In 2016 I started a plants-themed account, www.instagram.com/TropicaLoco, where I met some great people, who I chat with regularly. I used to swap pictures with www. instagram.com/Jamesipy of boys with plants and realised it would make a really good page so I created www.instagram.com/boyswithplants in October 2016.

BOYS WITH PLANTS



Curated by Scott Cain

By April 2017 the page had around 30k followers but it really took off in mid-2017

when www.instagram.com/boyswithplants was mentioned in the Washington Post and got noticed in other publications like Cleo Magazine and Metro UK. It was around this time that I was approached by Modern Books about doing a book.

Today you have 90k+ followers and a book that has just been released. Many people only dream of such success with their Instagram account. It almost seems like an overnight success. How did you do it?

It definitely was not an overnight success! I put a lot of work into it. I curate carefully, stick to the theme and I post three times a day: morning, noon and before I got to bed. Occasionally I might allow myself to post twice a day.

I believe the reason why www.instagram.com/boyswithplants is successful is because I acknowledge the boys that are posted. I make it clear that I repost their image and the guys like how many new followers they get once they are featured.

Which plants photograph best with boys?

The first thing I look for are the plants. My personal preference is big, bold foliage tropical houseplants like monstera, allocatia, ferns, cacti and anthuriums. It's about the plants first. The second thing I look at is the boy. If the image is not plant-focused I don't post it. I'm trying to educate my audience on what I look for.

(Scroll through boyswithplants.com/tips for tips on how to get featured).

If it's a great picture I will post it and if a boy gets posted multiple times then it's because what he submitted is more than a pretty picture. Now, once a week, I feature a 'Boy of the Week'. These are often the guys I would like to put in the book but either I was not able to feature then or they came along after the book was finalised for publication.

What the most negative thing you experienced during your time working on www.instagram.com/boyswithplants?

People are usually pretty good. However some guys get featured then feel they are getting too much attention on their own Instagram page. They get sent messages from strangers and then ask to have the photo to be taken off @boyswithplants. So they get 300 to 400 new followers because they got featured and then want their photo removed.

Recently I posted an image of guy surrounded by plants. In the image he was being playful with a cactus. Not more than 20 minutes after the photo was posted, I received negative comments, and so I removed the image. I told the boy about it and he was a good sport; he laughed it off. Things like that don't happen often though.

How do the images resonate with your followers? Were there any controversies?

I lot a lot of people unfollowed me after I posted an image of a hunky man covering his private parts with a leaf, despite over 9500 likes. https://instagram.com/p/BI8UQVQDH0v/ It's a nice image but there are a million pages out there about muscular naked boys. I have a built an audience who are looking with boys with plants and that's what they expect to see.

https://instagram.com/p/BopOKQmDQUd This photo was successful because his pose is cool; the plant is interesting with all the aerial roots showing. In this case he's a mature, masculine man and it's not sexual. It's genuine and that appeals to people. Not

everyone appreciates sexual and that's not the intention of the page either.

Regarding submissions; what irritates you the most and why?

People thinking they are more important than their plants. On my page they're not, even if they are good looking super-model type of guys.

What is the most positive thing you experienced through your journey with www.instagram.com/boyswithplants and why?

Receiving my book in the mail. It felt like the culmination of a lot of work, both on the page as well as the design process.

Who was your favourite boy and why?

One of my favourite boys is Jan K, www.instagram.com/homebyfousna – he photographs his plants beautifully. He is genuinely interested in plants, in growing and propagating them. And he is a good reflection of how international the page is: he is Czech and lives in Bogota, Colombia. We've built up a friendship.

Who was your least favourite boy and why?

I don't have a least favourite boy but I do have a least favourite type of boy. It's somebody who submits a photo thinking it is amazing for the page. Maybe it ticks the boxes but for whatever reason I choose not to post it. Some of the guys follow up and are so pushy that they can become unpleasant.

I also get submissions from mums sending in pictures of their two-year old child with houseplants. While the pictures are fine I would never post images of children with plants when they are surrounded on a feed with half-naked men. It's weird. Why look at an Instagram account of men and then submit a photo of your kid?

What demographic is your readership?

From the statistics I get, www.instagram.com/boyswithplants started out with 25% guys and 75% girls. Now it has moved to 45% guys and 55% girls between the ages of 25 and 35.

Is there anything you would like to change about BWP or the process?

I might have like to call it www.instagram.com/menwithplants because it's a more accurate reflection of who is represented. Initially I started out with www.instagram.com/menwithplants and then speaking to some friends about it they recommended that www. instagram.com/boyswithplants had a better ring to it. If you look up www.instagram.com/menwithplants you would find a link to www.instagram.com/boyswithplants.

With plants being a focus on your Instagram page you're obviously concerned about the environment. What tips would you give to your followers for them to make even a small impact to protect the environment?

I have recently stared a partnership with a charity called One Tree Planted (https://onetreeplanted.org). For every product that I sell on my page (t-shirts, mugs, stickers) I donate to them and they plant one tree. This idea came about because one of my followers suggested that if each of my followers planted one tree we would have over 90k trees planted.

At times BWP can be fairly racy, what do people closest to you say?

My grandma hasn't seen it. My mum supports it but has not seen the page. I think it's a bit too racy for her. But she is busy with her own plant-based Instagram account.

From boys with plants to a boy with plans: what can we expect from you 2019? Maybe 'Boys With Plants: The Movie'? Or perhaps budgie smugglers?

I have more products coming out in 2019 to go with the t-shirt, mugs and stickers that I already have out. I would like to do a variety of t-shirts. I will have a www.instagram.com/boyswithplants tote bag out and things like socks, phone cases and cushions so make sure you visit the page and the site for more information. There might also be a calendar if all goes to plan in 2020.

More info on Scott and www.instagram.com/boyswithplants below:

Instagram: https://www.instagram.com/boyswithplants Website: https://www.boyswithplants.com Facebook: https://www.facebook.com/boyswithplants Twitter: https://twitter.com/boyswithplants The 'Boys With Plants' book is out now.

q travel: with BARRIE MAHONEY

Barrie Mahoney was a head teacher and school inspector in the UK, as well as a reporter in Spain, before moving to the Canary Islands to launch and edit a new English language newspaper. He enjoys life in the sun as a columnist and author, and continues to write a series of popular novels and books for expats.



La Boda (The Wedding)

I gate-crashed a wedding last week. In my defence, it was a genuine accident, but I am rather pleased that I did. Like many people, I enjoy a good wedding; it is one of those events where the power of love forcibly overpowers the cynicism and doubt that can inhabit some of our lives. It takes the most hardened cynic not to feel just a twinge of emotion and 'something of the beyond' when watching a couple committing themselves to a life with each other.

I was enjoying a drink and people-watching in one of my favourite bars in a nearby village when a large crowd of chattering and laughing Canarians burst through the door. At first I thought that it was a local fiesta, but all wore smart clothes and some were carrying small bouquets of flowers. I soon realised from the conversation that they were attending a wedding that was taking place in the small

church next door to the bar. It always amuses me when I see bars situated very closely to the local church, but Catholic services to tend to go on for rather a long time, so I guess it is very sensible planning.

This particular group of wedding guests had arrived for the wedding service a little later than planned, and the small village church was already full. Undaunted, the group wisely decided to relocate to the bar next door and to begin their wedding celebrations early. I was told that both the bride and groom were very popular local teachers, which explained the large number of young people in the group.

Spanish and Canarians don't really do small intimate weddings; it is very much a case of 'the bigger the better', and it is not unusual to see the uninvited chatting and gossiping outside a church when the ceremony is in progress in the hope of catching a glimpse of the happy couple after the official event, and taking part in the celebrations afterwards. Spanish weddings are best regarded as marathons, and guests are well advised to allocate a whole day to the celebrations; they are best described as a test of endurance.

After throwing rice over the happy couple (confetti is just not done over here), the couple will be involved in endless photo shoots, which is a good time for guests to head to the local bar, often accompanied by the officiating priest. By the time that the real partying begins, guests are already very happy and ready to tuck into cocktails and canapes, followed by a multi-course banquet (sitting down, of course). Later, coffee and cake are served before guests head to the generous open bar and to enjoy the dancing and raunchy 'follow my leader' games that will eventually bring the celebrations to a close.

At this point, you may well be asking how all this partying is paid for. Traditionally, much of it is paid for by the guests, which is very much part of Spanish tradition going back to the days when this was the only way that a wedding could be paid for. If you are invited to a Spanish wedding, please don't think that presenting the happy couple with an electric toaster will get you off the hook. It will not, but a generous amount of cash or a cheque will do very nicely. A basket is usually handed around during the reception to collect the generous monetary gifts, although the more discrete will have paid the money into the couple's bank account before the event. In order not to appear a cheapskate, a wedding gift should at least cover the cost of your food and drink at the reception, plus a bit more. My partying friends told me that 100 euros per person is currently regarded as the acceptable starting point.

My wedding party, and I say 'mine' because I was invited to join in, quickly entered into the celebratory spirit. Later, huge doors were opened to the rear of what appeared to be a small cafe bar to reveal a huge banqueting hall all beautifully set out for the lengthy banquet to come. We were soon joined by the main guests, looking very relieved as they escaped from the church and headed to the bar. Later, much later, the bride and groom would join the party and the real fun could begin.

I had unexpectedly witnessed and briefly taken part in yet another side of Canarian life. Sadly, I had another engagement to go to, and reluctantly left before the bride and groom returned from their photo shoot. I left wondering what condition the guests would be in the following morning, but felt quite sure that they would have given the happy couple a day that they would never forget.

If you enjoyed this article, take a look at Barrie's websites: http://barriemahoney.com and http://thecanaryislander.com or read his latest book, 'Living in Spain and the Canary Islands' (ISBN: 9780995602724). Available in paperback, as well as Kindle editions. Join him on Facebook: www.facebook.com/barrie.mahoney

q cuisine: with ALESSANDRO RUSSO

ziti al forno alla pugliese

How to prepare oven-baked ziti in Puglia

1) Start preparing the oven-baked ziti in Puglia, browning the garlic with 2 tablespoons of oil. Remove it, add the crumbled sausage, mix, wet with the wine and let it evaporate; add the tomato pulp, a pinch of oregano, salt and pepper; cover and cook over low heat for 30 minutes.

2) Mix the ground beef with 50 g of pecorino cheese, grated bread, fresh eggs, chopped parsley, salt and pepper. Shape so many meatballs as big as a hazelnut.

3) At this point, heat 4-5 tablespoons of oil in a pan and brown the meatballs; toglile and drain on kitchen paper.

4) Break the ziti into 2-3 parts and cook them in abundant salted water; drain al dente and place them on a wet kitchen towel.



5) Add to

the tomato sauce 2-3 chopped basil leaves, pour some spoons on the bottom of a pan, make a layer of pasta with the ziti, spread over the ziti a part of the meatballs, some slices of boiled egg, some slices of mozzarella, pecorino and still sauce.

6) Make another layer of dough and continue like this until the ingredients run out. Finish the ziti baked in the oven with a sprinkling of pecorino and pass the pan in the oven at 200 degrees for 20 minutes.

Proudly supporting our community

at last a dentist who gives you something to smile about

from check ups to dental implants and everything in between.

nitrous sedation available

fit your treatment into your budget with our no interest, no credit check payment plans

Appointments 9318 5599 2 / 44 Hampstead Rd Maidstone 3012 HampsteadDental.com.au Company prime prime the Real Propriet

Hampstead Dental



q giving: **'TIS THE SEASON**

With Christmas approaching rapidly, now is the time to start thinking about gifts for those special people in your life. We, at Q Magazine believe in quality gifts for quality people. Here are a few choices.



The Egg, \$999.99 – a limited edition, stainless steel egg shaped knife block with a sophisticated edge, creating a statement piece in any kitchen. Includes six lightweight, professional-quality iD3 Baccarat knives, fashioned using Japanese steel. THE EGG comes with a polishing cloth and luxe black velvet storage bag, so is a perfect Christmas gift.

Available exclusively through www.house.com.au

Emperor Champagne - Australia's newest home of champagne online, offering the most extensive range of cuvées in the country, from Veuve Clicquot and Dom Perignon to more boutique producers, and a selection of exclusive brands direct from the Champagne region in France.

Emperor's vast collection of wines are vetted by an expert tasting panel, including founder The Champagne Dame. You can shop by most popular, rare collections or magnums, as well as by drinking style. Christmas Gift Packs start from \$125 and include two custom made crystal tulip glasses with your choice of champagne.





Billecart-Salmon Gift set: \$153 - One of the leading families of Champagne, this medium sized, high quality domain is one to be admired. Billecart-Salmon (Pronounced beelkahr sahl-moh) have a fresh, clean and elegant style and champion the use of the Meunier Grape which is often added to other cuvees without fanfare in other houses.

Taittinger Gift set: \$209 - Champagne Taittinger is one of France's most celebrated Champagne Houses. As the epitome of French sophistication, style and grace, Champagne taittinger celebrates the pleasures of life, believing that special moments are best enjoyed with fine Champagne and great company.

Perrier Jouet Gift set: \$249 - Perrier-

Jouët was founded in 1811 by Pierre-Nicolas-Marie Perrier, who added the maiden name of his wife, Adele Jouët, to create the house. Established in the heart of Épernay, Perrier-Jouët quickly began to build an international following from its success in exporting to foreign markets.



Corinna is an historic and remote settlement on the banks of a primitive river, that unlocks the secrets of the pristine Tarkine rainforest and the wild west coast.

A warm welcome, cosy wilderness retreats and great local food enhance the experience at one of the most inspiring places on earth.

Corinna is home of the Pieman River Cruise on the Arcadia.



the wilderness experience

Experience

An old gold mining town, Corinna has recently been transformed into a globally significant nature based visitor experience.

Nestled in pristine rainforest on the banks of the majestic Pieman River, this ancient setting shows a world beyond human memory. Corinna is an accessible starting point for visitors to connect with this remote wilderness, and experience nature in the raw.

Corinna's rich history spans the Tarkiner people, dating back 30,000 years, to the more recent pioneers and miners. A visit to Corinna allows guests to escape from the everyday, and to become immersed in a unique wilderness experience.

Explore

Access to the pristine wilderness can be made by kayaks on the Pieman and its tributaries, by foot on one of the many remarkable walks, or by river cruise.

Options range from short board walks to more challenging walks through primary rainforest. The amazing Lover's Falls has recently been made accessible with a board walk and viewing platform.

The Corinna to Pieman Head river cruise on the legendary Arcadia II is often described as the best river cruise in Tasmania. It provides an intimate connection with the rainforest and it's mirrored reflections and an experience of the wild west coast.



Enjoy

After exploring the wilderness, the Tarkine Hotel is the perfect place to unwind with a drink on the verandah, or by the fire.

The Tannin restaurant offers a range of delicious daily lunches and dinners using local Tasmanian produce. Guests can also cook in their retreats or on barbeques provided in the old produce store. Along with some provisions we also supply comprehensive barbeque and breakfast packs that are available on site.

Retreat

Relax and unwind in cosy one or two bedroom eco-friendly retreats, original miners cottages, the old guest house or riverside campsites are available.Curl up by fireplaces in each room, sink into comfortable beds, cook up a storm or simply watch the local quolls and wallables from your verandah.

Corinna lies north of Strahan and west of Cradle Mountain. It is accessible from the north via Waratah, or from the south via Zeehan or Roseberry, by crossing the Pieman on the unique 'Fatman' barge.



Perfect venue for weddings - Bookings for eco-retreats and cruises can be made directly

www.corinna.com.au P: 03 6446 1170 E: sales@corinna.com.au f@CorinnaWildernessExperience2018

q life: with GABRIEL TABASCO

Trashy Talk Shows and Horny Magazines of the 1990s

Trashy TV and adult magazines were all the rage in the 1990s and early 2000s. Back then we did not have Netflix and the Internet was in its infancy. As a result TV was saturated with trashy and horny TV shows, adverts and pop videos. Whereas now we watch rubbish on the Internet in the '90s everyone watched it together after dinner, late on a Friday night.

In Take That's music video 'Do What U Like' the five singers smeared each other in jelly before revealing their white buttocks. People were so shocked it was banned from daytime TV. Simon Rex, a budding singer with a boy-next-door look, made three solo jerk-off videos before becoming an MTV presenter. Marky Mark was known for taking off his briefs on stage. At one event, with back to the audience, one band-mate lowered his black underwear revealing his perfectly pert buttocks. Duran Duran's Warren Cuccurullo posed proudly in a shower, showing off his extra-large member and talking about the dildo that was modelled on him.

Adverts were just as titillating. Lucozade's 'Full Mounties' advert showed oiled-up men wearing nothing but a hat covering their private parts. In a Yorkshire accent one Mountie said that he 'always keeps his valuables under his hat' before removing it to reveal a bottle of Lucozade. The underwear brand Sloggi featured footage from the Pamplona bull-run where one man was caught on the bull's horns. After a thorough shake down the bull removed the man's jeans and y-fronts, revealing his bottom, as the crowd laughed.

Viewers on Dame Edna's talk show 'Neighbourhood Watch' were shown inside contestants' houses. One evening, as we watched Dame Edna make funny comments on the decor of one home, the bathroom curtains were drawn back revealing her supposed personal trainer. As he showered the camera zoomed in on his small, toned buttocks. The audience of middle-aged women roared with glee at the perfectly-staged act.

On his talk show, Graham Norton went one step further by having a man from the audience body-painted. 'Don't worry, it would be tastefully done' Graham assured the nervous man. At the end of the show the man was on stage, completely naked and covered in body-point. After a split moment where the world saw his willy, he covered it up.

Spanish evening talk shows often featured a segment of male strippers dancing around naked. Similarly one Dutch TV show featured a panel of ladies judge three male strippers. They chose the best-looking but not the most-endowed man.

One UK morning talk show featured one segment where at least a dozen men were lined up wearing their underwear. The presenter had to decide which man was wearing the best paid She probably had the best job in the world that morning.

Every Friday night I watched the game show Gladiators. With muscles bulging out of their Lycra I could not help but enjoy seeing the penis outline of hunks named Cobra, Hunter, Rhino, Saracen and Trojan. On the one-off TV show for Shirley Bassey, the same hunky Gladiators posed around the Welsh dive in their Lycra, as she waltzed around them touching their muscles. Their act was followed male dancers twirling around her wearing next to nothing.

Such audaciousness infiltrated print media as well. When David Beckham mentioned he wore his wife's thongs (the European not the Australian version of the word) one UK tabloid newspaper ran a piece on the topic showing five ordinary men wearing nothing but thongs. 'Hurts my bot' said one man. A men's magazine ran a piece where four men were concealed behind a screen with only their dicks on show as their girlfriends had to guess whose cock was whose. The magazines printed a close up of their penises, faces along with the nicknames for their dicks (Chipolata, Grizzly, Pudge...). If only Brett, (the editor), would allow something like that for Q Magazine!

Playgirl magazine printed nude images of male models posing on a yacht, fixing a car with faux-grease stains or standing on a mountaintop naked but for ski boots. However the magazine also had a 'real man' section where men sent in their naked photos. Compared to the perfectly-coiffed hair and toned bodies of the models, the real men of Playgirl were pictured posing on their couch naked, holding a beer, standing in their shower giving a thumbs up or hiking wearing only the prerequisite boots.

Racier still was Brazil's 'G Magazine' which was explicitly gay-oriented and featured endless spreads of Brazilian soccer-players literally and figuratively spread across its glossy pages, naked and aroused, posing on the pitch or playing with a soccer ball before playing with their own balls. The magazine featured contestants from reality TV shows who looked to extend their 15 minutes of fame by showing their extended member. It was harmless, erotic fun.

Today everything is a lot glossier with new content replacing what was published the previous day. However remnants of the kitschy 1990s and early 2000s can be found in the treasure troves of the Internet. After some research I am sharing the links with you below.

Links:

Marky Mark - https://www.youtube.com/watch?v=Sgzsmo0HcsM - min: 3:50 Warren Cuccurullo - (Explicit) - https://www.pornhub.com/view_video.php?viewkey=843230372 Lucozade - https://www.youtube.com/watch?v=50eX3duL1r8 Dame Edna - https://www.youtube.com/watch?v=HjFVr-OUuW8 - min 18:30 Shirley Bassey - https://www.youtube.com/watch?v=Hbz5yzPbmis - min 17:07 and 20:30 Playgirl - (Explicit) - http://welclometomyworld0426.blogspot.com/search/label/Real%20Men G Magazine - (Explicit) - http://gmagazinetributo.tumblr.com





QUALITY BROADCASTING FOR THE LGBTQ COMMUNITY



Catch us live and on-demand at: GAYLIFETELEVISION.COM





q cinema: **BOY ERASED**

Boy Erased tells the true coming of age and coming out story of Jared Eamons (Lucas Hedges), the son of a Baptist pastor in a rural, small American town who is viscously outed to his parents (Nicole Kidman and Russell Crowe) at age 19. Fearing a loss of family, friends, and church, Jared is pressured into attending a conversion therapy program. While there, Jared comes into conflict with its head therapist (Joel Edgerton) and begins his journey to finding his own voice and accepting his true self.

Academy Award®-nominee Lucas Hedges (Manchester by the Sea, Lady Bird), Academy Award®-winner Russell Crowe (Gladiator, A Beautiful Mind), Academy Award®winner Nicole Kidman (TV's Big Little Lies, The Killing of a Sacred Deer), Golden Globe®-nominee Joel Edgerton (Loving, Zero Dark Thirty), Emmy® and Tony Award®winner Cherry Jones (TV's Transparent), Grammy Award®winner Michael "Flea" Balzary (Baby Driver, TV's The Wild Thornberrys), Joe Alwyn (The Sense of an Ending), Xavier Dolan (I Killed my Mother), Troye Sivan (X-Men Origins: Wolverine), David Joseph Craig (Permission), Jesse LaTourette, Britton Sear and Théodore Pellerin (First Light)



star in BOY ERASED, a Universal Pictures presentation of an Anonymous Content Production.

Director Joel Edgerton (The Gift) teams up with Academy Award®-winning producer and Anonymous Content founder Steve Golin (Spotlight) and veteran producer Kerry Kohansky-Roberts (Admission, TV's Berlin Station); with Ann Ruark (Thank You for Your Service), Rebecca Yeldham (The Kite Runner), Kim Hodgert, Tony Lipp and Nash Edgerton executive producing; co-producers David Joseph Craig and Michael Moore.

The Boy Erased screenplay was penned by Joel Edgerton and inspired by Garrard Conley's true-life coming of age and coming out memoir titled Boy Erased: A Memoir of Identity, Faith, and Family. Conley's memoir was first published in 2016 by Penguin Random House.

The production's creative team includes director of photography Eduard Grau (Gringo), production designer Chad Keith (Loving), editor Jay Rabinowitz (Requiem for a Dream), visual effects supervisor Chris LeDoux (12 Years a Slave), and costume designer Trish Summerville (Red Sparrow).



A STUNNING ACHIEVEMENT. ONE OF THE YEAR'S BEST PICTURES."



LUCAS HEDGES

ACADEMY AWARD* WINNER NICOLE KIDMAN AND ACADEMY AWARD' WINNER RUSSELL CROWE



WRITTEN FOR THE SCREEN AND DIRECTED BY JOEL EDGERTON

CUTS FEATURES means a suscement PERFECT TORED PICTURES weaknown NOVMOUS CONTENT - AULE-TONCUE FEITURSANOWNUUS CONTENT meeting - NOV ERASED CAS HEDGES NICOL KIDMAN JOEL EDGERTIN IN GLEUTEN AVIETE BOULAN TADIES INVIA (HERRY IONES MIEELA and RESSELL CAORE CAITRA CARANES USA CONTENT MERICANA CARANES CA

ANONYMOUS NOVEMBER

Based On The Unforgettable True Story

q wealth: STRATEGIES FOR ALL AGES

Wealth Strategies for every Age Group

No matter what your age currently, the actions (or inactions) you take today are either helping or hindering your ability to create real wealth. The earlier you start your journey the better the outcome. By accumulating growth assets such as properties, businesses, or shares that increase in value over time, it means that in retirement those same assets

may now be used to either partially, or wholly, replace the income you currently generate via your job. Depending on your age group there are key things you should be looking at to get yourself on the right financial track. Let's take a look -

AGES 15-25

Normally, at this age you are just finding your way in the world. When you just start out in the work force, or work part-time whilst studying, you may not earn a whole lot of money, so it may seem implausible to start thinking about retirement so soon. Any money you earn will normally be allocated to things like paying rent/board, going out, buying a wardrobe of new clothes, getting a phone, laptop or other toys/tools of your chosen field that you need, travel or your first (or second) car. However, there are a number of really practical things you can invest in at this age.



1. Invest in your education! It is never too early to start to learn about investing and there are many low-cost or free resources both on and off-line that could help to get you started.

2. Develop good money habits. Learn how to create a budget (and stick to it). A valuable skill is to keep a handle on how much you earn Vs how much you spend.

AGES 26-35

You've probably been in the work force now for a few years and hopefully you are starting to get on top of your personal finances. Perhaps, you have even joined up with a life partner, and have now doubled up your income potential. So, what can we do at this age to get ahead?

1. Buy the least expensive car that your ego can afford

Cars are generally a depreciating asset, meaning that their value starts dropping as soon as you drive it off the showroom floor. Consider, driving a less expensive (but safe and serviceable) second hand car and allocate those additional funds towards growth assets instead.

2. Consider the strategy of Rentvesting. At this age it may be more advantageous both financially and from a lifestyle perspective to buy an investment property BEFORE buying your own home. That is rather than buying your first home you buy your first investment property instead and let the tenant and the tax man help you pay for it!

AGES 36-45

Even if you are more focused on raising the kids through this age bracket than thinking about investing for the future, what can you do to keep moving forward?

1. Pour Any Excess Income Into Your Offset Account

Having your money readily available via a Line Of Credit, or Offset, facility means you should have the flexibility to absorb any of life's unexpected bills whilst continuing to keeping your mortgage costs as low as possible.

2. Can aou afford an Investment Property as well? A good quality investment property, after accounting for the rent from the tenant, and any tax deductions, may only require \$20, \$50 or \$100 a week to own in partnership with a lender. Or the right property might even put a similar amount of money back into your pockets each week.

AGES 46-55

Now is the time to take advantage of all the hard work and sacrifices you have put in over the last 20-30 years. So, what can you do to accelerate your wealth position?

1. Use Other People's Money (O.P.M) To Your Advantage

This is generally the time when you will be at your peak earnings capacity. It is also often the time where banks and lenders are happiest to partner with you on your wealth journey. Given, that you may never have the ability to borrow more easily than now so

consider your relationship to debt and decide if safe degrees of leverage can help you get to your wealth goals sooner.

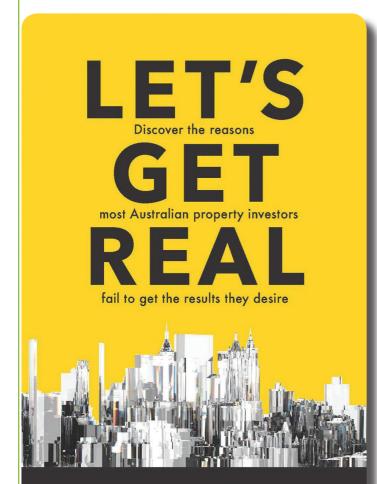
2. Supercharge your Superannuation: If the kids have left the nest, you may now have more disposable income to start accelerating your asset purchases. You might also want to consider salary sacrificing, &/or making voluntary contributions to further boost your superannuation throughout this decade.

AGES 55+

For those that have seen good gains in equity on their home &/or investment properties now may be a good time to look at consolidating your asset position &/or maximizing your cash-flows.

1. Go Smaller for a Bigger Retirement: Now is the time in life where you might be able to consider downsizing the family home. For example, you might look to sell the 5BR family home on a larger block and move into a low-maintenance smaller property example in an amenity rich location. Or perhaps it is time for that sea or tree change you have always wanted?

2. In Retirement Cash is Still King: Perhaps now is also the right time to look at rebalancing your portfolio or reducing your debt levels to provide for the income you will need to fund your ideal lifestyle into retirement. Or at least have plans in place as to how you are going to transition effectively into your retirement years.



Luke Harris and Matthew Bateman

And Here are 3 Things We All Can Do To Ensure We Have A Great Retirement:

1. Have a Plan. We travel all around Australia educating thousands of Australians every year on how to use property to better help them achieve their financial goals and are consistently shocked with how few people actually have a considered property investment plan.

2. Start Early. According to Einstein "Compound interest is the eighth wonder of the world. He who understands it, earns it. He who doesn't pays it!"

3. It Pays To Get Educated. Unfortunately, decades of financial and banking scandals, have shown us that it is can be hard to know who and what to trust. That is why we always recommend that you increase your knowledge base and get well educated in any markets you may want to be investing into.

Matthew Bateman and Luke Harris are co-founders of The Property Mentors, a Melbourne-based business comprising an elite team of property professionals who educate, motivate and facilitate clients from all around Australia. Their new book, Let's Get Real (Major Street Publishing \$29.95) is now available.

For more information visit www.thepropertymentors.com.au

q beauty: SUMMER SKINCARE

While summer might mean spending days on end lapping up the glorious sunshine without a care in the world, for some it's inescapably linked with months of sore, sunburnt skin.

The effects of UV damage extend far beyond redness and skin peeling. Following exposure to the sun's harmful rays, unstable free radicals are formed which deprive healthy skin cells from oxygen and leads to premature skin ageing. As oxidative stress is related to skin wrinkling, discolouration and unwanted texture, antioxidant support is used to protect the body from free radical damage by donating electrons which neutralise their destructive effects.

Advocates for natural and certified organic ingredients, skincare artisans, HERBS + HEART, have developed a multipurpose after sun gel-cream which revolutionises the nourishing effect of traditional aloe by incorporating a number of antioxidant and vitamin-rich ingredients, including refreshing cucumber, soothing neroli and anti-ageing rose hip.

Using a water based gel-cream formulation which allows skin to breathe and release heat, HERBS + HEART's Cell Gel (\$29.99 rrp) acts as a powerful humectant for sun damaged and sensitive skin by drawing moisture from the environment to nourish and reinforce the skin's natural hydration barrier.

Rich in vitamins B5, C and K, cucumber actively combats hyperpigmentation by limiting the body's production of melanin and reducing inflammation on a cellular level. Offering an abundance of silica, a natural collagen-friendly ingredient, the Cell Gel also utilises the antioxidant benefits of orange blossom (neroli) to restore oxygen into the skin and soothe redness and trauma. The added inclusion of rose hip maintains the structural integrity of elastin by nourishing the skin with essential fatty acids, including omegas 3, 6 and 9 which cannot be produced by the body.

Doubling as a daily face moisturiser, the Cell Gel is fast-absorbing and designed to also refine the appearance of pores and balance excess oil production.

For more information, visit www.herbsandheart.com



When it comes to applying a face mask, two of the most common skincare mistakes Aussies make include: failure to adequately prep the face prior to a treatment; and failure to soothe and seal the skin following a treatment.

According to an internal study conducted by Yong-Li Zhou, the founder of luxury stem cell skincare brand Enbacci, 7 out of 10 customers who masked on a weekly basis did not properly exfoliate and treat their skin when performing a face mask application.

"When applying a face mask, it's important for the skin to be cleansed and free from dead skin cells in order for the face to absorb the relevant nutrients," says Yong-Li. "Similarly, a product designed to soothe and seal the skin should also be applied straight after a mask to protect exposed pores from environmental pollution and address specific skin concerns," adds Yong-Li.

Formulated as part of Enbacci's basics collection, the supporting skincare staples include the Microdermabrasion Exfoliating Scrub (\$45 rrp), Detoxifying Clay Mask (\$44 rrp), and Pore Minimiser (\$30 rrp). Used independently for their respective benefits or part of Enbacci's 3-step masking system, the staples result from years of stem cell science and research in regards to naturally derived ingredients.

STEP 1: SCRUB

To prep the skin for a mask or simply exfoliate prior to ones regular skincare regimen, Enbacci's Microdermabrasion Exfoliating Scrub gently polishes and smooths the skin to reveal a brighter, more radiant complexion. Featuring a Shea butter formulation rich in in vitamins A, E and F, including Oleic, Stearic, Palmitic and Linoleic fatty acids, the scrub resurfaces skin's texture while maintaining moisture, combatting pores and blemishes, and evening out skin tone and discolouration.

STEP 2: MASK

To deeply clean pores and replenish the skin with B-complex and E vitamins, The Detoxifying Clay Mask features a balanced combination of kaolin and bentonite clay with naturally derived humectants such as macadamia oil, jojoba oil and Shea butter. Drawing out dirt, toxins and sebum from clogged pores, the mask nourishes with hydrating monounsaturated fatty acids and omegas to improve resiliency, reduce breakouts and calm aggravated skin.

STEP 3: MINIMISE

To seal in the mask's nutrients and refine the appearance of pores, Enbacci's Pore Minimiser features tea tree oil rich in the regenerative compound, terpinen-4-ol. Increasing white blood cell activity to fight acne bacteria and promote skin healing, the Pore Minimiser blurs imperfections while sorbitol, a humectant that prevents moisture loss, and Serine, a skin conditioning amino acid, reinforces the skin's hydration barrier and improves firmness and elasticity. Also ideal as a primer, the Pore Minimiser has a silky smooth texture to improve makeup application.



Available worldwide from www.enbacci.com

q music: OPTUS TO PLUS-SIZED MEN

Tom Goss Releases New Opus to Plus-Sized Men, "Round in All the Right Places" **by Shane Gallagher** It's no secret that pop singer Tom Goss is attracted to plus-sized men. Five years after the release of "Bears" - his song that continues to play at gay bear bars and fur festivals worldwide - he is reinstating his commitment to them with "Round in All the Right Places," a soulful new track that combines sultry lyrics with shapely tones. "Even after 'Bears', people would constantly ask me if I really had a thing for large men," Tom says. "I used to get annoyed by the question, but then I started to reflect on it and I came to the conclusion that I hadn't done an adequate job of describing what is so intoxicating to me about men of size. For this one, I wanted to write something that was more specific and mature. I didn't want to hold back. I wanted to be direct, honest and graphic; to really convey the shape, the allure, the seduction of big men." Produced by Goss and mixed by Marr Zimm, "Round in All the Right Places" will be available on iTunes, Spotify and all major digital platforms on Friday, October 12.

"I had been trying to write 'Round in all the Right Places' for some time, but what was coming out simply wasn't working for me," recalls Goss from his LA home. "Then I got a text from a friend who happens to be round and absolutely beautiful. I asked him what he hated most about his body. He said his Flintstone feet. I was floored, mainly because, to me, everything about his body is stunning. So I began asking other men of size the same question and no one was able to tell me, 'not a damn thing, I love it all!'"

Goss hopes to flip the script on perceived beauty with his song. "The world is telling plus sized people that their butts are sagging and their bellies are too flabby. 'Change who you are, lose it at all costs,' we're told. Then we wonder why people often view themselves in a negative light. I want to send some messaging out into the world that says the opposite."

He admits it's messaging he, too, could use. "My mother has always struggled with body issues and has most certainly passed those anxieties down to me. I have bought into society's vision of beauty. I feel very constrained by it on a day to day basis. In some ways, my success depends on it. Image is everything, is it not? The music industry says I must be thin, so I do my best to stay thin. I long for the day when I can fully accept my body, in whatever state it is at the time."

He's not alone. According to the National Eating Disorder Association (NEDA), while gay men make up just 5 percent of the national male population, they account for 42 percent of men who report having an eating disorder.

Tom Goss was raised in Kenosha, Wisconsin, a small city on Lake Michigan, between Chicago and Milwaukee. His parents divorced with he was in the 4th grade. It was not, and is still not, a good situation. He learned at a very young age that relationships can be damaging and cause pain. As a result, he didn't go on his first date until he was 22, while in seminary, training to be a Catholic priest.

"I had spent my high school years focused on wrestling, my studies and friends. I didn't have the typical emotional or sexual drive that other guys seemed to have. Honestly, I thought it was something everyone around me was making up."

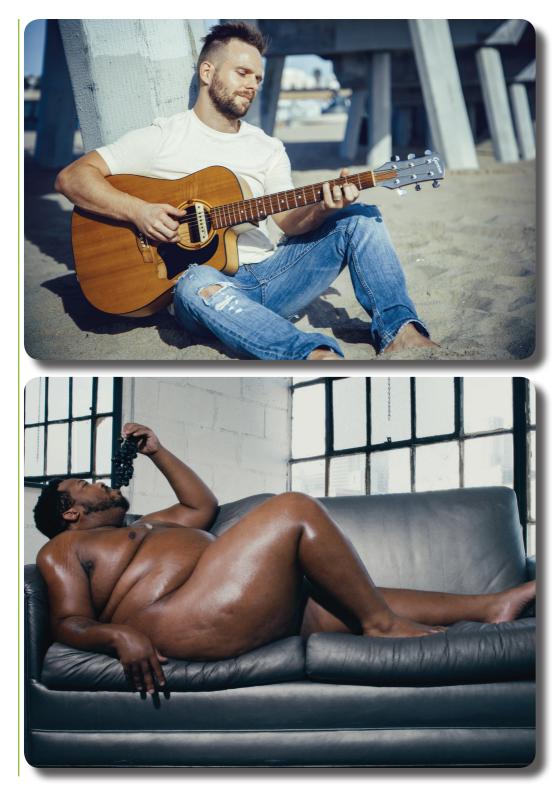
It wasn't until he fell in love (with a plus-sized man) that he realized that he did have sexual and emotional desires. They were just buried and misdirected. Instead of looking at women, or at men that society deemed beautiful, his attraction was toward gay men called bears. *"Once I realized what I liked, it was easy to find beauty and sexual attraction everywhere I looked,"* he says.

The "Round in All the Right Places" music video features some of the plus-sized men of Tom's dreams. "Dexter and Robert are two men I've admired for years. I found Shane and Lawrence through social media, and when I realized was missing a big, burly, white-haired gentlemen, I reached out to Ken, who I follow on Instagram. He's stunningly beautiful and has such dynamic tattoos. I knew I had to capture them on film! I called him and a week later he was on a plane to the shoot."

Tom Goss directed and co-produced the "Round in All the Right Places" video himself with additional production and cinematography by Nathaniël Siri. "I couldn't be happier with the visuals, and the beautiful men behind the visuals," Tom continues. "Yes, I absolutely objectify the men, but I'm careful to do it in a way that is respectful, artistic and focused on that which makes them beautiful and unique. Too often in media, large men are painted as villains or buffoons; the butt of a joke. The goal here was to uplift and empower men of size and embrace their beauty."

"Round in All the Right Places" is Tom's opus to plus-sized men but its message is a universal one. "Everyone should see the beauty in themselves and love every inch of their bodies."

For more information about Tom, visit www.tomgossmusic.com



q win: WEAR THE RAINBOW

At Celebrate, they believe in a sustainable, ethical and harmonious world and are trying to put the FUN back into safe sex with their unique, world first, super thin latex rainbow striped condoms! The unique printing process they use is on the inside of the condom and uses safe and tested colours. They've even added tropical flavoured lube to complete the experience!

Whilst condoms have traditionally been viewed as a rather boring product, they aim to challenge this negative stereotype and show that safe sex CAN be fun!

To engage with a younger audience, they have created a hilarious short animation video, inspired by the weird and wonderful world of emojis that every millennial who has ever sexted, used GrindR or any other dating app before can understand.

You can check it out at https://www.youtube.com/watch?v=HD224VMKpQg but be warned, it's a little naughty, so be sure to put your headphones on!

To try and win one of the five packs we have to give away this month, email getfree@qmagazine.com.au with *Celebrate* in the subject line.







q win: MENS BEAUTY REGIME

5 Top Tips To Get Your Skin Through Summer

With unbeatable warm weather and long, sunny days, Australia undoubtedly shines in summer. Although it's the season of fun with backyard cricket, beach trips and festivities galore, the activities and sun can quickly take its toll on your skin. To save you looking dry and dull during the fast-approaching Christmas season, Bulldog Skincare For Men has crafted a list of do's and don'ts:

1. DO: Wash your face both morning and night. Whether you're at the beach or just getting through a day's work, the sun and humidity will leave you sweating. If you don't remove the sweat, stubborn blemishes can pop up unexpectedly before the next big event. To save yourself from future frustration, use Bulldog Skincare's Original Face Scrub. Not only will it remove the sweat, but also clear the dried and dead skin filling your pores.

2. Don't: forget to drink water. It might sound obvious, but it's easy to forget when you're on the go or in a hurry. If you can, carry a water bottle and aim to drink 2 litres per day. Not only will the water cool you down, but it'll hydrate your skin and cleanse your body of unwanted toxins.

3. DO: Moisturise your skin, always. Bulldog Skincare's Original Moisturiser will keep your skin looking fresh, bright and party-ready at a moments notice, plus it helps your skin recover from a day in the sun. When applying moisturiser, don't forget to cover your neck - although the skin on your neck is tough, it's prone to wrinkling without proper care.

4. DON'T: Avoid getting a sunburn. Although the Aussie sun is notoriously harsh, a sunburn is easily avoidable. For optimum protection, use SPF30+ sunscreen on a daily basis under your moisturiser. If you're hitting the beach, consider an SPF50+ water-resistant sunscreen to save your skin from going bright red.

5. DO: Care about the skin you're in. Although long days soaking up the sun and even longer nights out with friends are inevitable, your skin doesn't have to suffer. By incorporating Bulldog Skincare's Age Defence Moisturiser into your routine sooner rather than later, you'll be able to reduce the appearance of frustrating fine lines after 4 weeks.



Being man's best friend, Bulldog Skincare For Men is a must-have to prep your skin for the warmer months and the trials and tribulations that come with a little too much Christmas festivity. Bulldog Skincare's products are entirely vegan, cruelty-free, and never contain artificial colours or fragrances, so you can always look and feel your best.

Packed with natural ingredients along with carefully selected man-made ingredients, Bulldog Skincare aims to deliver superb performance at an affordable price, making their products great Christmas gifts too! With a range to suit all skin types (and even guys with beards), you'll be able to find the perfect present for family and friends.

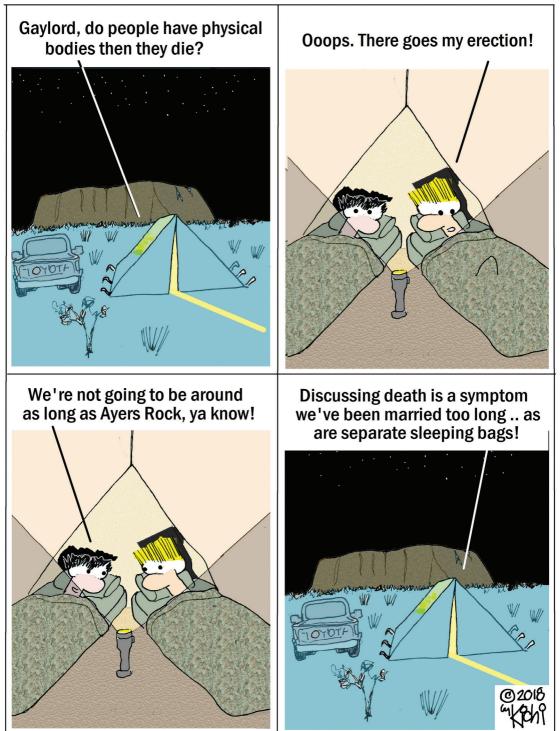
For more information on Bulldog Skincare For Men and to view their product range, please visit https://au.bulldogskincare.com

To try and win the 3 pack of these incredible products, email getfree@qmagazine.com.au with **Bulldog** in the subject line.

* All prizes are open to everyone, except those which specifically state you must be over 18 to enter. Entries close on the final day of each calendar month with the prize draw taking place at 5pm the following day at Apt. 1, 13 Rae Street. Chadstone VIC 3184. Names and addresses of people winning prizes valued at or over \$250 ONLY will be published in the following issue of QMagazine. All monthly winners are notified by email.

Gaylord Blade

@ToonsByKichi











Your connection to LGBT-welcoming travel businesses worldwide.



IGLTA.org





📥 DELTA







IGLTA Gold Partners: United | Hyatt

THE GAY MAFIA A GAY AND LESBIAN WEBSITE

WWW.THEGAYMAFTA.COM.AU